



CUCUMBER RAITA



INGREDIENTS

SERVES 12

- 2 Lebanese cucumbers - peeled and thinly sliced
- 2 cups Greek yoghurt (500ml)
- 3 tbsp lemon juice
- 2 tbsp chopped fresh mint
- 1/2 tsp white sugar
- 1/4 tsp sea salt

EQUIPMENT

- Mixing bowl
- Wooden spoon
- Measuring spoons & cups

INSTRUCTIONS

1. Measure out the yoghurt, lemon juice, mint, sugar, and salt in a bowl.
2. Gently squeeze the excess water from the cucumber, using your hands.
3. Add cucumber to the bowl and stir through to combine.
4. Cover and place in the refrigerator immediately.

