

RICOTTA & ROCKET BRUSCHETTA



INGREDIENTS SERVES 6

- 1 sourdough loaf
- 2 garlic cloves
- 200g fresh ricotta
- zest of a lemon
- 2 tbsp finely chopped parsley
- 1 handful of rocket
- 1 tbsp olive oil
- pepper to taste

FROM THE GARDEN

Rocket

EQUIPMENT

- Chopping boards
- Sharp knives
- Bread knife
- Measuring spoons
- Scales
- Large bowl
- Griddle pan
- Baking tray

TABLE PREPARATION

Plates

INSTRUCTIONS

- Break up the ricotta and mix in the lemon zest, parsley, a drizzle of olive oil and some freshly ground pepper.
- 2. Tear the rocket leaves into pieces.
- **3.** Cut 1 cm thick oval slices from a sourdough or ciabatta loaf.
- **4.** Toast the slices of bread on a ridged griddle or barbecue plate.
- 5. Rub the toasts very lightly with the cut clove of garlic.
- **6.** Drizzle a few drops of extra-virgin olive oil over the toasts.
- 7. Spread the ricotta mix onto the bruschetta toasts.
- 8. Top with the torn rocket leaves.
- **9.** Drizzle with olive oil and season with salt and pepper, then arrange on platters.

