



**Learning and
Growing Together**

The Vaucluse Weekly

Friday 23 September 2016 Term 3 Week 10

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**Canteen Alert : In Term 4 the first day of operation will
be
Thursday 13 October , 2016**



The Rose between Two Thorns



Mrs Weiss celebrates 30 Years at Vaucluse Public School in the company of Mr Gozowski from 2A and Mr Jackson from 1J.

Principal's Report

Dear Parents

I have not had an opportunity to thank all of those involved in the Cocktail Party. It was a wonderful night with a fantastic community atmosphere. A very big thank you to Sascha Irvine and the P&C Fundraising team. An enormous amount of work went into collecting donations, organising raffle tickets and putting the evening together. Lizzie Doyle did a superb job providing us with a wonderful venue and the most delicious food. Thank you to those parents who attended and participated so generously. Thank you to those parents who gave their support with generous donations for the evening and thank you to those parents who bought so many raffle tickets. While we are absolutely delighted with the amount that was raised, what we love the most is the enormous amount of support the community has demonstrated in joining together to work for our students and our school. The staff, students and myself greatly appreciate your efforts and very much enjoy your support.

Last week I was away at camp with Year 5 and Year 6. While it was three very full and exhausting days it was also a tremendous pleasure for me to be with our students. The staff and I were absolutely thrilled and delighted to see how magnificently our students interacted with each other and all those they encountered. Their maturity was obvious as was their patience, kindness and resilience. We are so very proud of the compassionate human beings they are becoming. It gives us great hope for the future.

Yesterday at our whole school assembly we celebrated with Miriam Weiss her thirtieth anniversary at Vaucluse Public School. Adam Grozowski our Year 2 teacher wrote and taught a song to the whole school. We sang this song to a very tearful but happy Mrs Weiss. Thank you Mrs Weiss for your kindness, nurturing and huge contribution to Vaucluse Public School. All who have had **students in Mrs Weiss' classes know that she looks after her** students as if they are her own. Thirty years in the one school is an amazing achievement. Our students were very excited to sing for Mrs Weiss yesterday. Please see some great photos in the body of the newsletter. At this assembly we also showcased some of the wonderful talent in this school. Miss Morgan led our students in the Primary choir. Chris Wilson also presented some group and individual items. Thank you Chris for preparing and supporting our students so superbly. We love the way you build their confidence to believe in themselves.

Thank you to parents who promptly paid for Life Education and Musica Viva. Both these programs were outstanding learning experiences for our students.

A reminder that school commences for all students on Monday 10 October 2016 for Term 4. There is no pupil free day at the start of the term. Term 4 is shaping up as a very busy term. If you do not have our school App please make sure you download it in the holidays. We are using it almost on a daily basis to keep parents updated.

Yesterday at assembly I gave our students their usual holiday homework (a day in pyjamas doing nothing but relaxing). I also added some additional homework where they have to ask at least once a day: *What can I do to help you today?* Parents may find it useful to remind our students of this one. Have a wonderful holiday and enjoy being with those you love the most in this world.

Maureen Hallahan



This week's outstanding assembly. We are so proud of our talented students.





MUSICA VIVA

DATIWUY DREAMING

Veggie Garden News

Hello and welcome to another edition of veggie garden news.

What a beautiful day in the garden today. Spring is definitely in full gear and our veggies are pumping.

We still have a few cabbages hanging in there, as well as some English Spinach. The broad beans are starting to pop up as well.

Some early summer veggies are starting to pop up including corn and climbing beans. I hope we can get a few on the table before the Christmas holidays.

The students have been tiding up the chicken shed. They have been re-mulching in the *Chook Mahal* and providing some interior design. Please see photos.

If you want to help out in garden I have there is always so much to do:

- ♦ More gardens to fill up with soil and veggies
- ♦ Sweeping paths and general tidy up.
- ♦ Sifting compost.

If you want to help in the veggie garden please give me ring or email me. I am in the garden every second Monday and every Tuesday from 4:30pm.

Come down and learn how to grow fruit and veggies.

Some house keeping if you are hanging out in garden after hours please do not pull out small veggie seedlings some people may think they are weeds or children pull them out to feed chickens, or leave the hose on.

Cheers

Rudi Kitchen Garden Specialist

0423 020 648

rudi.adlmayer@gmail.com



Everyone needs a cuddle.
Our lovely girls especially love a cuddle now and then.





This week in the Stephanie Alexander Kitchen .
Cocoa Madeleine's with Balsamic Strawberries and a hint of pepper.



Term 4: P & C Extra Curricular Activities. BOOKINGS ARE NOW OPEN!

23rd September 2016

Holidays are Here!! Please book your Extra Curricular ASAP. We are encouraging everyone to book so we can plan our coaches for T4.

Here is the 2nd notification for activities. Look out in the SkoolBag App and school newsletter.

If your child has thought about trying an activity but is not sure, simply email us and we can put your child down for one free trial class, to get them started. *All activities start Week 1 of term 4.*

SO ROLL UP, ROLL UP, GET ON BOARD! SPICE UP YOUR TERM 4! GET IN QUICK TO AVOID DISAPPOINTMENT BOOKING LINKS ARE BELOW....

Activities:

1. **Computer Coding**, by Code Camp . Wed start at 8am sharp
<https://www.trybooking.com/189948>
2. **Basketball**, by Find My Coach. Thurs start at 8am
<https://www.trybooking.com/191544>
3. **Soccer**, by Goal Soccer Academy. Fri start at 8am
<https://www.trybooking.com/191527>
4. **Karate**, by Trifu Dojo, Mon start at 8.15am
<https://www.trybooking.com/94568>
5. **Dance**, by REDed Dance. 3 separate sessions, (see below in the table). All 8.15am start. Boys K-2 Hip Hop Tuesday, Mixed 3-6 Hip Hop Thursday, Girls K-2 Jazz, Friday <https://www.trybooking.com/94560>
6. Netball, by I Love Netball. 3 separate sessions, (see below in the table). K-1 Monday 3.30pm, Yr 2-3 Wednesday 8am, Yr4-6 Friday 8am.
<https://www.trybooking.com/98606>

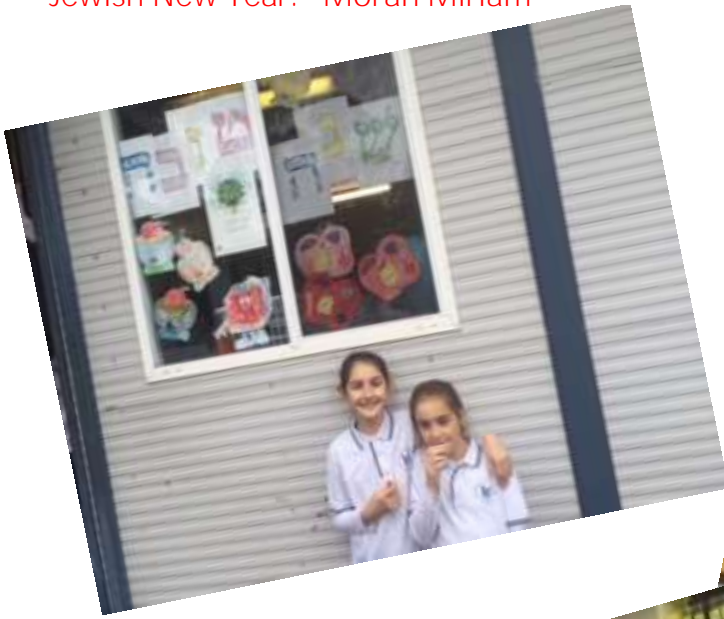
	Monday	Tuesday	Wednesday	Thursday	Friday
Before school 3AM			Coding 1-6	Basketball K-4	Soccer K-4
Before school 3AM			Netball 2-3		Netball 4-6
Before school 3.15AM	Karate K-6	Dance Boys Hip Hop K-2		Dance 3-6 Hip Hop	Dance K-2 Jazz
After school 3.30PM	Netball K-1				

From Xanthe and Katrin.

Xanthe.Lenior@yahoo.com.au or katrin@graebner.org

[illegible]

The Jewish New Year is coming up on Monday 3rd and Tuesday 4th October. All Hebrew children enjoyed eating apple dipped in honey, we hope and pray for a Happy, Healthy and Sweet New Year. We pray for peace. I would like to wish the community all the best for the Jewish New Year. Morah Miriam



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SPRING MENU TERM 4

LUNCH MENU

Wholemeal Sandwiches/Toasties

(GF bread available \$1 extra)

Chicken salad (DF, H)\$5
Tuna salad (DF, H)\$5
Cheese and Salad\$5
Ham, Cheese and Tomato\$5
Egg Salad Sandwich\$5
Cheese OR Vegemite\$3

Pasta

(GF DF pasta available)

Spaghetti Bolognaise\$6
Penne Napoli\$6

Lunch Boxes \$6

Chinese Cabbage Salad – Sliced Chinese Cabbage with shredded chicken, crunchy noodle and sunflower sprinkle and sesame Asian dressing.

Tuna Nicoise – Iceberg lettuce, tuna, green beans, olives, tomato, cucumber and boiled egg with a lemon and olive oil dressing.

Snack box – Hard boiled egg, dill pickle, a slice of cheese, sliced seasonal fresh and steamed vegies (carrot, capsicum, celery, cucumber, broccoli), rice crackers and hummus.

Daily Specials \$6

Monday - Beef Hamburger. Pure beef burger patties served on a wholemeal bun with lettuce, tomato, onion relish and tomato sauce.

Tuesday - Honey Soy Chicken drumsticks served with rice and corn cob (DF, H, GF).

Wednesday - Sushi. Teriyaki Chicken or Tuna or Vegetable (Carrot and Cucumber) hand roll served with Soya Sauce. (2 hand rolls per serve)

Thursday - Baked Jacket Potatoes with Cheese and your choice from two toppings – Mexican Beans - Sour Cream - Bolognaise - Ham. (GF)

SNACK MENU

Drinks

Banana Smoothie (GF)\$3
Mixed Berry Smoothie (GF)\$3
Water\$2
Fruit Juice Apple/Orange\$2
Moove Milk	
Chocolate/Strawberry\$2.50
Hot Chocolate\$2.50
Coffee (adults only)\$3.50
Tea (adults only)\$2

Baked Goods

Banana bread\$3
Fresh Muffins\$2
Homemade sausage rolls\$2
Pizza Scrolls\$1
Garlic Bread x 2 Slices50c
Chocolate Chip Cookies50c

Frozen Treats

Frozen Quelch stick\$1
Frozen Fruit cup Apple/Orange/Apple	
Blackcurrant\$1

Snacks

Pop Corn: Salted, Salt and Vinegar, BBQ or Sweet and Salty (GF, DF, H)\$2
Crispy Fruit Sachets: Apple, Pear, Strawberry or Mango (GF, DF, H, K)\$2
Piranha Vege Crackers: Salt and Vinegar, Honey Soy or Sour Cream (GF)\$2
Fruit salad cup (GF, DF, H)\$2
Yogurt cup with berries and Granola\$1
Hummus Cup with Vegetable Sticks\$1
Custard Cup with Fruit Sticks\$1

Catering Menu

Birthday Cupcakes iced with an age candle (24 hours' notice required)	\$2.50/cupcake
Platter of Assorted Sandwiches (for 6 people)	\$25
Fruit Plate (For 6 people)	\$15

Please place all orders written on a paper bag or a re-usable lunch bag with the correct money in your class tray by 9.30am.

Please call Ilana for any catering orders on 0408854488 or email akresfam@gmail.com

DF – Dairy Free, GF – Gluten Free, V – Vegetarian, K – Kosher, H – Halal

Holiday time is *lets get rid of the Nits* time

HooRaaay!!!!



..... Head lice..... The facts..... The Tips...

Head lice infestations are a common occurrence, particularly in primary schools.

We do not like them at all but we must remember that they cannot harm us.

- about 23% of primary students have head lice at any one time
- anyone can catch head lice regardless of their age, sex, or how clean their hair is
- head lice move from one person's head to another via hair
- head lice do not survive long when they are off a human head
- head lice do not live on furniture, hats, bedding or carpet
- head lice have built up some resistance to head lice treatments , so use cheap conditioner, olive or coconut oil instead.

Tips for parents In reducing the spread of head lice

As infestations are particularly common in primary schools, it is best to choose a treatment that can be used over time. There is no single solution to eradication, only persistence.

- regularly check your children's hair
- teach older children to check their own hair
- tie back and braid long hair. Long hair should be tied back for school at all times.
- keep several fine tooth head lice combs in the bathroom and encourage all family members to use them when they wash their hair. These combs can be sterilised naturally with a few drops of Teatree oil.
- **Cheap and thick conditioner can be generously massaged through child's hair.** Leave this in for as long as possible. Rinse out and then comb away until no more lice/eggs appear on the comb. Olive oil and coconut oil can be used in the same way.
- Parent can also make your own Teatree oil spray. Spray school hats every **few days and use the spray as part of your child's grooming.**

VOOSC NEWS

Term 4 bookings

Any changes to Term 4 bookings are to be send through an email to notify us of cancellations or requests. Please ensure that you have done this before the start of next term. The cycle for invoicing is about to commence. All invoices will be created based on the information that is currently in place.

Sadly there are a number of fees that are still outstanding for this term. Disappointingly there are some that are still outstanding from last year!

We are a Not for Profit Centre and only able to provide a service to **families based on the simple and very plain fact ... Services used by you,** must be paid for.

Fees and ongoing support cover the operational costs of running a service.

Feeding your children, providing activities that are of no extra charge to families, running Vacation Care programs, purchasing new and clean equipment when needed, Educational resources, rent for premises used by us in which to operate out of and incomes for qualified Educators who care for your families when you are unable to do so and the list goes on.....

To our dear families who always keep on top of fees and continually support us, a huge, huge thank you.

You make it possible for us to be here! XXXX

VOOSC STARS

Our shining stars for the end of Term 3 are the following children

Milo

Congratulations Milo! You have been working toward a personal goal this term and your efforts have been noticed by all. Well done, welcome to the VOOSC Wall of Fame.

Willow

Congratulations Willow! You have received a star for being constantly happy, friendly, kind and polite to everyone. What a delight it is to add your Star to our Wall of Fame!





Warm Regards, VOOSC TEAM




Vaucluse Public School
~ est. 1858 ~

2016 Vaucluse Public School - P&C Executive Committee

Role/Portfolio	Held By	
President The role of the President is to assist the Executive and the Principal in setting goals and objectives for the upcoming term. The President will oversee the implementation of these goals and objectives. The President will be the spokesperson for the P&C Executive. The President will chair all P&C Meetings.	Sacha Irvine	
Vice President The Vice President assists the President in all of their functions and Chair meetings in their absence.	Jo Little	
Secretary Organises P&C Meetings and keeps a record of minutes.	Sarah Still	
Treasurer Responsible for all aspects of the financial management of the P&C. The Treasurer prepares budgets, assists with business plans and oversees cash management. The Treasurer is responsible for financial reporting of the P&C. Ideal for a number cruncher with accounting or financial management experience.	Sam Peters	
Class Parent Coordinator This role organises and supports Class Parents. The CPC assists Class Parents by managing and channelling communications that are sent on behalf of the P&C or School to parents via email and Facebook. They are also a sounding board for Class Parents to support them in their role.	Amanda Ramsay	
Building & Environment Looking after our lovely grounds by organising Working Bees and contractors to maintain them and plan for the future. Occupation health and safety and sustainability are some of the responsibilities of this role. Plans for new building projects and maintenance of existing buildings to enhance our beautiful grounds. Recent examples have	George Palmer	

included the Netball Courts, Soccer Field and Seating. Plan and consult with various planning authorities and builders to get things done.		
Co-Curricular	Katrin Graebner	
Manage our before and after school program providers and liaise with all parents and carers in relation to enrolments, payment of fees and any other ongoing queries. Co-curricular activities include Dance, Karate, Soccer, and Netball. These are an important fundraising opportunity for our school while providing a fun and active way to start or end the school day.	Xanthe Lenior	
Fundraising	TBC	
Oversees all fundraising events including the four major term events which include a Country Carnival, Walkathon, Disco and Trivia Night. If you love organising community events and can direct volunteers this is the job for you. This role can be shared by people and could consist of a team members that form a sub-committee.		
SAKG	Ange Davids	
A passion for produce and teaching our kids where our food comes from - 'paddock to plate'		
Technology	Jeremy Heap	
This is a new portfolio for 2016 designed to work with the Principal and P&C to assist and advise on technology investments that will help shape our digital future.		
Clothing Pool	Pip Connelly	
This role ensures our clothing pool is adequately stocked to meet the needs of parents and changing uniform requirements. Management of the volunteer roster, stocktakes, ordering of stock etc are involved.		
Non Portfolio Members	Ian Manovel	
	Mads Anderson	

	<p data-bbox="927 383 1077 416">Sarah Myers</p>	 Two black and white portrait photographs of women are stacked vertically. The top photograph shows a woman with long, light-colored hair, looking directly at the camera with a slight smile. The bottom photograph shows a woman with short, light-colored hair, smiling broadly at the camera.
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Vaucluse Public School
P&C Annual General Meeting
Tuesday November 8, 630pm, School Library

The next P&C AGM will be held on Tuesday November 8 at 630pm in the Library. All parents, staff and community members of VPS are welcome.

At this meeting the current P&C Executive which comprises - President, Vice President, Treasurer, Secretary, Class Parent Co-ordinator, Fundraising, Building Management, Environment, Clothing Pool, SAKG, Extra Curricular Activities - will all stand down allowing a new executive to be elected. Some of the people who held these positions in 2016 will stand again for them again in 2017, however there are several opportunities for new members to join the Executive Committee.

The Executive of the P&C liaise directly with the Principal and Staff to ensure the P&C and the school are working together to provide the best possible learning environment for the children. Under the guidance of the President and Vice President, meetings are usually held once a term during which they determine the agenda for the P&C Meetings and agree on budget recommendations and motions to be put towards the general meetings.

Each P&C Meeting is attended by Maureen Hallahan and a Staff Representative.

In 2017 the following VPS P&C Executive Positions will be available:

President - The role of the President is to assist the Executive and The Principal in setting goals and objectives for the upcoming term. The President will oversee the implementation of these goals and objectives. The president will be the spokesperson for the P&C Executive. The president will chair all P&C Meetings. Ideal for someone who can run a meeting, loves a debate and can pull it altogether to get things done.

Vice President - The Vice President assists the President in all of their functions and Chair meetings in their absence.

Treasurer - Responsible for all aspects of the financial management of the P&C. The Treasurer prepares budgets, assists with business plans and oversees cash management. The Treasurer is responsible for financial reporting of the P&C. Ideal for a number cruncher with accounting or financial management experience.

Secretary - Organising P&C Meetings and keep a record of minutes. Suits someone with a good typing speed.

Class Parent Co-ordinator (CPC) - This role organises and supports Class Parents. The CPC assists Class Parents by managing and channelling communications that are sent on behalf of the P&C or School to parents via email and facebook. They are also a sounding board for Class Parents to support them in their role. Ideal for a social media whizz who has been a Class Parent.

Environment Manager - Looking after our lovely grounds by organising Working Bees and contractors to maintain them and plan for the future. Occupation health and safety and sustainability are some of the responsibilities of this role. Ideal for someone who is practical and loves to get their hands dirty.

Building Manager - Plans for new building projects and maintenance of existing buildings to enhance our beautiful grounds. Recent examples have included the Netball Courts, Soccer Field and Seating. Ideal for someone who loves to plan and consult with various planning authorities and builders to get things done.

Events and Fundraising - Oversees all major fundraising events including Country Carnival, Walkathon, and Discos. If you love organising community events and can direct volunteers this is the job for you.

Stephanie Alexander Kitchen Garden - If you're passionate about produce and teaching our kids where our food comes from - this is the job for you.

Clothing Pool - This portfolio ensures our clothing pool is adequately stocked to meet the needs of parents and changing uniform requirements. Suits someone who loves meeting new parents and help welcome them to our lovely school.

Extra - Curricular Activities - Help manage our before and after school program of sports and activities including Dance, Karate, Soccer, and Netball. These are an important fundraising opportunity for our school while providing an fun and active way to start or end the school day.

Technology - This role is designed to work with the Principal and P&C to assist and advise on technology investments. Ideal for tech fanatic who can help shape our digital future.

Many of these events may be suitable for a couple of friends or a small committee of volunteers.
Please come along to the P&C Meeting on November 8 with your ideas.