

**Learning and
Growing Together**

The Vaucluse Weekly

Friday 21 October 2016 Term 4 Week 2

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Preview of the
Wonderful
Sculpture By The
Sea 2016.

20 Year Celebration



Principal's Report

Dear Parents

This week I have been at the NSW Primary Principal's conference where we have had some fabulous speakers including Peter Gresta and Kirk Pengilly. At the opening of the conference Michael Baird and Adrian Piccoli spoke to us about their vision for NSW government schools. I came away from the conference with a strong feeling of how our students matter to these men. It gave me great hope to hear how they intend to fight for Gonski funding to continue. Now I hear you say that was politicians talking. However they were able to articulate what we see here at Vacluse that it makes a huge difference. This year we have employed a number of extra personnel who work specifically with individual students or small groups. This has enabled class teachers to work with smaller groups. One of the areas where we have been able to collect data and see significant growth is in the area of reading fluency. Having the opportunity to target individual students and smaller groups on specific learning plans is making a big difference not just to learning but to wellbeing.

Many of you may be aware that we have a number of absconders in the school which is why we have the security gates. A number of people are propping open the front gate of a morning. Our escape artists have noticed this and are ready to take flight. We will have Year 6 students at the gate to help students in of a morning. We are requesting that parents do not wedge the gate open with the trunk of the tree. We really need this gate to be closed. Our local area has a number of very worrying areas if our students are able to get out of the school. At the top of Cambridge Avenue we have cliffs and below Hopetoun Ave we have water. We would be greatly relieved if you could help us with this. We are always reassured when we know that all gates are closed.

Another request for parents: If you wish to bring in cakes, treats, icy poles or any other treats to celebrate students' birthdays please discuss this with your class teacher beforehand. Your class teacher will be able to negotiate a time that fits well with the class timetable and also discuss food allergies in the class. Please do not leave anything in the staffroom or the Stephanie Alexander Kitchen fridge. We would recommend that if you are thinking of icy poles that you negotiate this with your class teacher and bring them up just before they are to be distributed. Again we would really appreciate you support and understanding of this.

A reminder to parents if you are late or are leaving early you need to sign your child in or out at the admin office. We would ask that parents make a big effort to be on time in the morning. It is important for all students to be on lines before 9.15 am so that they are able to hear the daily messages and walk into class with their buddies. It is very disruptive to the class and teachers when students are late. Particularly in the morning as this is our most valuable learning time. When your child is late into class it disrupts the whole class. The all important learning flow is interrupted by this distraction and usually the teacher must stop which means learning stops. Please make a huge effort to have your child at school before the bell goes at 9.15 am. As you already know – we would really appreciate it.

Lots of things for parents to think about this week. It is very important to us that our students have the best possible learning environment. The safety and wellbeing of our students is all our responsibility.

Maureen Hallahan

Public Speaking Competition.

This week 4 of our students represented Vacluse Public School at the Ultimo Operational Directorate Primary Schools Public Speaking Competition. They competed against 18 other schools from the Port Jackson area.

KI's very own Einstein, Finn, wowed the audience with his speech "Technology of the Future."

Our Upstander Extraordinaire Coco of 1/2H presented her speech about bullying.

History buff Adam of 4V enlightened his audience with an analysis of the Battle of Agincourt.

Laurina of 6S inspired her peers with her speech "Surviving High School."

Coco, Adam and Laurina also had to present an impromptu speech. They were given a topic and only had 5 minutes to prepare. What a challenge! It goes without saying they were all cool, calm and confident.



Miss Morgan wishes she had a blazer as spiffy as Public Speaking gurus Coco, Laurina and Adam.



Laurina dominating a vast stage.



Mum and Dad could not be prouder of Finn.

Day for Daniel



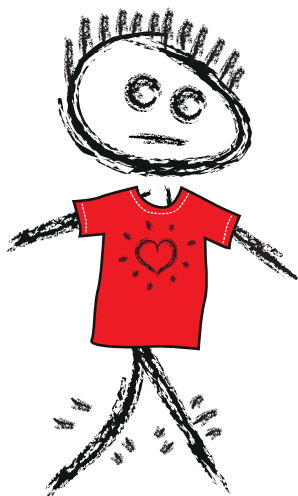
Friday 28 October 2016

Wear Red and Educate

Register to get a free resource kit. Watch our videos, complete our activities and learn how to Recognise, React and Report

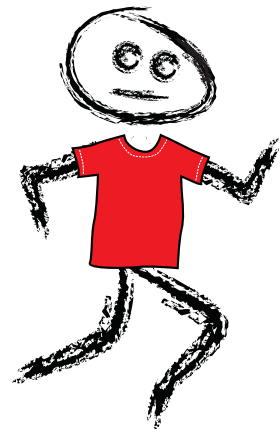
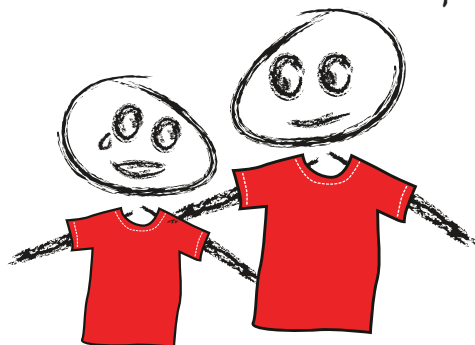
RECOGNISE

Listen to your BODY CLUES



REACT

Run to a safe place



REPORT

Tell an adult why you felt unsafe

Register online and get a free starter pack!

DayForDaniel.com.au

FREE
Resource
Kit



Day for Daniel

Friday 28 October 2016

How you can help:

Watch & promote our **FREE** child safety resources



20 videos and lots of activities

It's all about keeping kids safe

Invite a Police Officer to talk to students

Cover topics like cyber safety



Have a red morning tea, a BBQ, a raffle, a competition, or another fun activity



Register for Day for Daniel and access promotional material for your event

Wear red!



Wear red and decorate your school, office or business in red

Gold coin donations

Help us continue our work providing free safety resources, educating children about safety and supporting victims of crime



Connect with us on social media!



Register online and get a free starter pack!

DayForDaniel.com.au





Keeping kids safe!

New Upgraded version with bug fixes

FREE Safety App

Available here



Visit our website for more information

DanielMorcombe.com.au/APP



Keeping kids safe!

The 'Help Me' button sends an emergency text with GPS location details to two nominated mobile numbers



FREE Safety App

Available here

- GPS Location
- Safety Tips
- Note Filing
- Safety Videos
- Nearby Safe Locations

Suitable for:

- Medical Emergencies and Conditions
- Personal Accidents
- Schedules or Stopovers
- Overseas Travel (subject to roaming charges)
- Travelling
- Car Breakdowns
- Shift Workers
- Tourists

DanielMorcombe.com.au/APP



Salad of English Spinach, beetroot leaves, roasted garden vegetables, soft boiled egg with toasted seeds, feta cheese & a pomegranate dressing

Equipment

Salad spinner
 Knife
 Chopping board
 Scissors

What to do:

1. Wash beetroot well. Leave about 2-3 inches of stem left on the beetroot bulb. Dry off and toss in oil and season. Roast in oven until tender. About 30-40 mins depending on size. Once roasted, peel skins and dice into cubes and drizzle with olive oil, S & P and balsamic vinegar. Leave to infuse.

2. Wash leaves well in cold, salty water and pick through to get out the discoloured leaves. Cut in half with scissors and trim stems. Place in a large bowl.

3. Meanwhile, slice tomatoes and place on an oiled tray, season with salt and pepper and roast in oven at 160C until roasted, about 30 mins.

4. Trim pumpkin skin and cut into a 1 " dice, season with salt & pepper and toss in a tbspn of oil and roast until golden and crispy.

5. Pick the leaves from the flat leaf parsley and wash well. Dab dry with a clean tea towel.

6. Crumble the feta cheese.

7. Soft boil eggs, peel and cut into quarters. Place on a platter and sprinkle with toasted crushed seeds.

8. Peel and slice a Spanish onion. Fry in some olive oil, add S & P and cook until tender. Add some balsamic vinegar or some pomegranate molasses. Or altern you can use finely sliced Spanish onion.

9. In a large bowl toss spinach leaves, parsley & beetroot leaves with a balsamic dressing. Place on your salad platter. Build your salad up from the base of leaves adding each ingredient. Finishing with feta cheese and soft boiled eggs.

Serve with crunchy sourdough bread

Ingredients

2 bch 's English spinach
 1 bch beetroot leaves
 1 bch beetroot
 ¼ pumpkin
 5 vine ripened tomatoes
 1 small pkt Danish feta
 5 eggs
 2 tbspn sunflower seeds
 2 tbspn pepitas
 2 tbspn sesame seeds
 olive oil
 S & P
 Spanish onion
 1 tbspn Dijon mustard
 2 Tbspn Pomegranate molasses
 2 Tbspn Balsamic vinegar

From The Garden

English spinach
 Beetroot leaves
 Parsley
 Eggs
 Beetroot
 Beetroot leaves



On Tuesday afternoon I headed off to the David Phillips playing field to try out for a rep soccer team ESFA (eastern suburbs football association). We had to do **stuff like turns, dribbling and cuts. At first I didn't know** anyone but by the end I made loads of friends! It turned out one of the girls who we were trialling against I had played against in a previous game Queens Park vs. Maroubra!

It was a great end to the trials as I made it into the ESFA team!

Thea from 3B





Veggie Garden News

Today's garden allowed us to do a massive spring clean and harvest in the garden. Out went the winter crops of cauliflower and broad beans, and in with corn and tomatoes.

Students sifted compost. This creates the backbone of our garden as it produces all the food for our veggies.

We sowed cucumber and climbing beans.

We are sneaking an early crop of summer veg in so we can hopefully put some corn and cucumbers on the table. The rest we'll do later to have full summer crop ready for February next year.

Cheers

Rudi Adlmayer

Kitchen Garden Specialist

rudi.adlmayer@gmail.com



VOOSC NEWS

Donations to VOOSC

A very big thank you to the Veale family who so generously gifted us with some beautiful books for our kids to enjoy.

We also loved the jigsaw puzzle which kept quite a few people busy throughout the week. What a challenge!

It's also a great moment to reach the end and have no pieces missing.

Such a pleasure, thank you so much!

VOOSC STARS

This week our stars have been chosen for Kindness, Respect and for always showing that they care about other people and their feelings.

Congratulations to our shining Stars.

Sophie. R, Addison, Chai, Zara. B, Ron. C, Jocelyn. R, Blu, Ben. P

Welcome to the VOOSC Wall of Fame.

A gentle reminder to families.

It is a legal requirement that all children are to be signed in and out of VOOSC.

Informing our team if your children will be absent from sessions is also required please.

Parents and Educators working together as a team to ensure that all children are safe at all times is so important. Therefore the sharing of this information is vital.

Term 4 fees are currently being generated.

Warm Regards,

VOOSC Team

Selective high School Placement 2018

Selective high schools cater for highly achieving academically gifted students. Applications for selective high school placement are considered mainly on the basis of the Selective High School Placement Test results and school assessment scores. The Selective High School Placement Test will be held on Thursday 9 March 2017.

If you would like to have your child considered for Year 7 selective high school entry in 2018, you need to do so soon. You will need to apply on the internet using a valid email address (not the **student's email address**).

Detailed instructions on how to apply online will be available from 11 October 2016 in a printed application information booklet and at www.schools.nsw.edu.au/shsplacement. Please note: The application website opens on 11 October 2016 and closes on 14 November 2016. No late applications will be accepted.

Stage 3 Coding



Over the course of 8 weeks this term students in Year 5 & 6 will be taking part in a coding course run by our 'Guru' Andrea, a computer scientist from Atlassian, one of Australia's biggest software development companies (www.atlassian.com). As part of the new direction of encouraging children into careers in technology and the delivery of STEM (or STEAM) subjects, Atlassian staff have

volunteered to deliver a well-established, Google-developed, Computer Science course to kids from 4th to 8th year. Google's 'CS First' is a free program that increases student access and exposure to computer science (CS) education, a 21st century skills. The program kicked off on Tuesday with great enthusiasm from the students. As our Guru helps us become familiar with the program we plan to roll it out for students in Year 4.



Dear parents-

as a preliminary result from the last school survey we have understood that there is interest for a Gymnastics class. And even though Term 4 and all other activities have already started we have managed to put on a trial gymnastics class for this term! Karina has been working with VPS for a number of years as the gymnastic teacher delivered during the school sports and many of our students already know her.

As it is a trial the activity is only for Kindy – Year 2 students, boys and girls – but be quick to sign up as we have only 10 places available! See additional information and the Trybooking link below:

Katrin & Xanthe

TRIAL 10 places only

VPS GYMNASTICS TERM 4 2016

<https://www.trybooking.com/237112>

WHAT: Gymnastics delivered by Karina O'Neill from Kincoppal Gymnastics Team

VENUE: VPS HALL

WHEN: WEDNESDAYS 8.15 AM – 9.15 AM – 9 week term

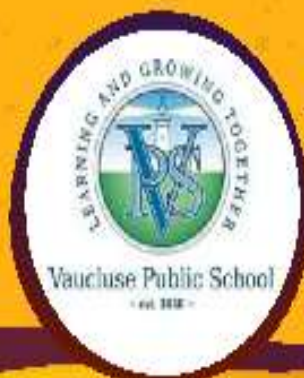
FIRST SESSION OF TERM: October 19th, 2016

LAST SESSION OF TERM: December 14th, 2016

IMPORTANT NOTE:

- PLEASE READ UPDATED TERMS & CONDITIONS
- NO MAKE UP SESSIONS
- STUDENTS TO WEAR SPORTS UNIFORM OR SHORTS & TOP, LEOTARD OR TIGHTS, NO SHOES

CONTACT DETAILS: XANTHE LENIOR xanthe_lenior@yahoo.com.au or KATRIN GRAEBNER katrin@graebner.org



Halloween Dress Up Disco



FRIDAY 28TH OCTOBER



4.30PM - 7.30PM

FOOD AND DRINK STALLS, LUCKY DIP, GAMES.

ENTRY - \$2



Your morning coffee can make a real difference to Vacluse Public School.

Whenever you make a purchase from BeanGiving.com.au 10% of your final purchase price will be donated to Vacluse Public School.

BeanGiving offers:

- Free delivery with no minimum purchase amount
- Great every-day pricing and discounts for volume purchases
- 100% Arabica Bean & Grounds from Jamaica Blue & Muffin Break
- Nespresso® compatible capsules* from 55c per capsule
- Single and recurring orders

To help spread the word and raise more funding for Vacluse Public School, BeanGiving offers a 10% discount for every friend you refer, when they complete their first purchase! Simply access the referral program on BeanGiving.com.au

At BeanGiving we believe that small acts, when multiplied many times, can start something quite revolutionary. This is what's at the heart of BeanGiving!

* Nespresso is a registered trademark of societe Des Produits Nestle St and is not related to Jamaica Blue Pty Ltd ACN 059236387 or any of its related bodies corporate, including Foodco Group Pty Ltd. ACN 0071450570 or BeanGiving.



SPRING MENU TERM 4

LUNCH MENU

Wholemeal Sandwiches/Toasties

(GF bread available \$1 extra)

Chicken salad (DF, H)\$5
Tuna salad (DF, H)\$5
Cheese and Salad\$5
Ham, Cheese and Tomato\$5
Egg Salad Sandwich\$5
Cheese OR Vegemite\$3

Pasta

(GF DF pasta available)

Spaghetti Bolognaise\$6
Penne Napoli\$6

Lunch Boxes \$6

Chinese Cabbage Salad – Sliced Chinese Cabbage with shredded chicken, crunchy noodle and sunflower sprinkle and sesame Asian dressing.

Tuna Nicoise – Iceberg lettuce, tuna, green beans, olives, tomato, cucumber and boiled egg with a lemon and olive oil dressing.

Snack box – Hard boiled egg, dill pickle, a slice of cheese, sliced seasonal fresh and steamed vegies (carrot, capsicum, celery, cucumber, broccoli), rice crackers and hummus.

Daily Specials \$6

Monday - Beef Hamburger. Pure beef burger patties served on a wholemeal bun with lettuce, tomato, onion relish and tomato sauce.

Tuesday - Honey Soy Chicken drumsticks served with rice and corn cob (DF, H, GF).

Wednesday - Sushi. Teriyaki Chicken or Tuna or Vegetable (Carrot and Cucumber) hand roll served with Soya Sauce. (2 hand rolls per serve)

Thursday - Baked Jacket Potatoes with Cheese and your choice from two toppings – Mexican Beans - Sour Cream - Bolognaise - Ham. (GF)

SNACK MENU

Drinks

Banana Smoothie (GF)\$3
Mixed Berry Smoothie (GF)\$3
Water\$2
Fruit Juice Apple/Orange\$2
Moove Milk	
Chocolate/Strawberry\$2.50
Hot Chocolate\$2.50
Coffee (adults only)\$3.50
Tea (adults only)\$2

Baked Goods

Banana bread\$3
Fresh Muffins\$2
Homemade sausage rolls\$2
Pizza Scrolls\$1
Garlic Bread x 2 Slices50c
Chocolate Chip Cookies50c

Frozen Treats

Frozen Quelch stick\$1
Frozen Fruit cup Apple/Orange/Apple	
Blackcurrant\$1

Snacks

Pop Corn: Salted, Salt and Vinegar, BBQ or Sweet and Salty (GF, DF, H)\$2
Crispy Fruit Sachets: Apple, Pear, Strawberry or Mango (GF, DF, H, K)\$2
Piranha Vege Crackers: Salt and Vinegar, Honey Soy or Sour Cream (GF)\$2
Fruit salad cup (GF, DF, H)\$2
Yogurt cup with berries and Granola\$1
Hummus Cup with Vegetable Sticks\$1
Custard Cup with Fruit Sticks\$1

Catering Menu

Birthday Cupcakes iced with an age candle (24 hours' notice required)	\$2.50/cupcake
Platter of Assorted Sandwiches (for 6 people)	\$25
Fruit Plate (For 6 people)	\$15

Please place all orders written on a paper bag or a re-usable lunch bag with the correct money in your class tray by 9.30am.

Please call Ilana for any catering orders on 0408854488 or email akresfam@gmail.com

DF – Dairy Free, GF – Gluten Free, V – Vegetarian, K – Kosher, H – Halal

Extra-Curricular Activities

Week 2 News- see below for gymnastics class just added this week.

Xanthe and Katrin xanthe_lenior@yahoo.com.au or katrin@graebner.org

19/10/16



This is an example of one of the boys learning a Hip Hop move in the dance class.

Please sign to Activities via the Trybooking links below.

1. **Computer Coding**, by Code Camp . Wed start at 8am sharp
<https://www.trybooking.com/189948>
2. **Basketball**, by Find My Coach. Thurs start at 8am
<https://www.trybooking.com/191544>
3. **Soccer**, by Goal Soccer Academy. Fri start at 8am
<https://www.trybooking.com/191527>
4. **Karate**, by Trifu Dojo, Mon start at 8.15am
<https://www.trybooking.com/94568>
5. **Dance**, by REDed Dance. 3 separate sessions, (see below in the table). All 8.15am start.
Boys K-2 Hip Hop Tuesday, Mixed 3-6 Hip Hop Thursday, Girls K-2 Jazz, Friday
<https://www.trybooking.com/94560>
6. **Netball**, by I Love Netball. 3 separate sessions, (see below in the table). K-1 Monday 3.30pm, Yr 2-3 Wednesday 8am, Yr4-6 Friday 8am.
<https://www.trybooking.com/98606>
7. **Gymnastics**, by Karina, Gymnastics Accomplishment, (see below in the table). K-2 Wednesday 8.15am.
<https://www.trybooking.com/237112>

	Monday	Tuesday	Wednesday	Thursday	Friday
Before school 8AM			Coding 1-6	Basketball K-4	Soccer K-4
Before school 8AM			Netball 2-3		Netball 4-6
Before school 8.15AM	Karate K-6	Dance Boys Hip Hop K-2	Gymnastics K-2	Dance 3-6 Hip Hop	Dance K-2 Jazz
After School 3.30PM	Netball K-1				