

# The Vaucluse Weekly

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#### Friday 27 November 2015

Term 4 Week 8



Miss Hallahan, Mr Todd and (from Left) Jordan, Claire, Mark, Chasper and Marc from 6T at Woollahra Council in support of White Ribbon Day

## Principal's Report

#### **Dear Parents**

This morning the school leaders, David Todd and myself attended a White Ribbon Breakfast at Woollahra Council Chambers. The breakfast brought together much of the work that has been done in classrooms over the last few weeks. Councillor Susan Wynne and the White Ribbon Ambassador focused strongly on the message of respectful relationships. Their message was about all the positive things that students can do right from the time they start school. The disturbing statistics that tell us that 1 in 4 students will experience some form of domestic violence during their childhood is strong motivation for us to support building respectful relationships. Classes have created some wonderful posters for White Ribbon day. Many of them are on the noticeboard outside the office for us all to see.

We have been notified that there is Mumps in the school. Please read the Department of Health information that is in the body of the newsletter. We have had lots of students in sick bay of late. With the hot weather there is lots of gastro type bugs floating around. We have noticed also with the early onset of the hot weather our student s are very tired. We are on the downhill run to the holidays and we are very conscious of the fatigue our students are feeling.

A reminder for this weekend's Christmas Fair. Members of the P&C, Year Parents, the SAKG crew and students have been pulling out all stops to ensure VPS has a strong presence at the Christmas Fair on Sunday. Drop in early for a bacon and egg sandwich, buy a cake and do your Christmas shopping. We hope to see many people there.

Maureen Hallahan

Please note the minutes to the last P&C Meeting will be available on our website shortly alternatively please contact Sarah Still at sarah@redant.com.au

## Stage 2 Excursion

Paddy's Markets & The Power House.

To support our HSIE unit 'Who Will Buy', students from Years 3 and 4 braved the heat and headed into the city on Thursday. The first stop was Paddy's Markets to stock up on produce to be prepared during Stephanie Alexander Kitchen lessons next week. Students were able to ask the stall holders which fruits and veggies were in season and

at their best. A combination of charm and bargaining skills ensured that we left laden with produce.

We had a quick stop at The Goods Line Park to have lunch and then on to The Power House Museum and air conditioning!

Student enjoyed exploring the museum's permanent collection and especially enjoyed the Space exhibit where they took part in a satellite launch.























On Sunday I lost a tooth in the bath. I was sad because my tooth was gone. 2514





Nina Carson

### End of year news from the library

Borrowing from the library has now finished for this year and it is time (again!) to **return all the books** so that they can be counted before the end of the year, ready for borrowing in 2016.

Books can be returned any time before the end of Term 4, the returns box is accessible any time during the day and is located on the library ramp.

You may receive an overdue notice for outstanding books in the coming weeks. Please contact the library if you have any questions or queries about these.

If just a few children lose even just one book a year, it adds up to hundreds of dollars' worth of books and leaves our collection looking very sorry indeed. Please help keep the library fabulous and take care of the books in your custody!

Lots of love,

The Vaucluse Public School Library





When the next day of school came by I tried to brain storm what to do about my problem. I came up with a few ideas but soon realised that they could also make me look bad and I didn't want that. Soon the bell rang because it was time to go to class. As I walked into class I remembered that Miss Bubble was reading with our group today. Maybe now was my chance. I had to think of a plan fast!

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My brain whizzed around and around until I knew exactly what I had to do. I set up for my plan and went and sat with my reading group. We were sitting in our groups and Miss Bubble was next to me which meant she had her back to Darling. Darling saw an opportunity to snatch what she thought was my pen because it was sitting on my desk. It looked as if my plan was going to work!

I watched Darling put the pen in her pencil case and then I asked Miss Bubble if I could please borrow her pen because I had left mine at home. She jumped up to go and grab her pen, but it was nowhere to be seen.

"Everyone stop what you are doing. My very special pen has gone missing, has anyone seen it?" Miss Bubble said. Darling stayed extremely quiet while Miss Bubble spoke but she knew it was only a matter of time before Miss Bubble would find the pen in her pencil case.

Miss Bubble looked around for her pen and then announced she was going to have to look in everyone's pencil cases and now was the chance to stand up if you had it. No-one moved, Darling sat still as Miss Bubble started to check the pencil cases from the other side of the room. Miss Bubble got to Darlings pencil case, zipped it open and saw...NOTHING!

I immediately thought that somehow Darling had managed to sneak it into my pencil case but when I checked it wasn't there. "Phew" I sighed. Miss Bubble didn't find her pen and by then it was time to go to recess. We all lined up and darling was Miss Bubble's partner. We started walking up when all of a sudden Miss Bubble's pen fell out of Darlings packet.

Miss Bubble couldn't believe her eyes when she looked down." Darling I am very disappointed in you! Zach can you please take Darling to the office, she is in a load of trouble. I walked Darling up to the office and left her sitting there with the principal. I went out to recess feeling happy that Darling had finally been caught doing something naughty. Things were back to the way they should be.



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The End What Darling i like now.



2H designed a playground for public speaking this week. This Isaac and Marcello's Lego Playground.





Dear Parents, Staff and Families,

We are a small privately owned centre just around the corner form Vaucluse Public School.

The Centre is opened from 8.30am to 5.00pm per day 51 weeks per year and caters for 24 children from 2-5years.

We have two small groups:

Frogs Room 2-3years 14 children with 2 educators. Bears Room 3-5years 10 children with 1 educator.

We implement Montessori learning, interest based program, school readiness music and movement, letter, number and shape recognition.

We are committed to the care and overall development of each and every child at our centre.

We have some days available in both rooms for 2015 or put your name on the wait list for the future.

Please don't hesitate in contacting me for further information. Kind Regards Annette Gillespie Director Vaucluse Little School 3 Russell Street Vaucluse 2030 9337 4014 e-mail: vaulittleschool@bigpond.com

# Be Geo Mestander



Raise your hand if you are 11 years old.

That is the age that the person I am going to speak about started her activism. At the age of 11 she was defying the Taliban and standing up for her rights and the rights of other girls to receive an education, even when it put her life at risk.

Of course I am speaking of Malala Yousafzai. In my eyes Malala is a <u>truly</u> inspirational leader.

Malala was born on 12 July 1997. For the first few years of her life she lived in Mingora, Pakistan, in the country's Swat Valley. Malala attended a school that her father had founded.

However, her life began to change dramatically when the Taliban began attacking girls' schools in Swat.

Malala felt that they were wrong to prevent female education. Despite knowing the dangers she faced, she decided to <u>take a stand</u>. Malala, who is incredibly articulate and strong, gave a passionate speech in Peshawar, Pakistan, in September 2008 titled "How dare the Taliban take away my basic right to education?" Can you imagine the bravery that took?

She did not stop there. When she was 12, Malala continued to risk her life by writing an anonymous blog for the BBC about life under Taliban control. Her determination resulted in a nomination for the International Children's Peace Prize in 2011. That same year, she was awarded Pakistan's National Youth Peace Prize.

When she was 14, Malala was on a bus on her way home from school when a gunman fired at her, hitting her in the left side of the head and neck. Though she would require multiple surgeries and years of rehabilitation, she recovered.

Amazingly, even a bullet did not stop Malala. As soon as she recovered she gave speeches and interviews around the world to tell her story. As a result, the United Nations launched a campaign for the education of all children worldwide and Pakistan introduced their first Right to Education Bill.

Malala was named one of Time Magazine's "100 Most Influential People in the World" in 2013. She has been nominated twice for the Nobel Peace Prize and won in 2014 – the youngest person to ever win.

Showing ongoing bravery and commitment, and with kindness, positivity and hope, she continues to speak out against Taliban oppression and the importance of education. She has published a book about her experiences called I am Malala. Malala's inspirational leadership demonstrates to us that no matter how young and vulnerable we are, we all have a voice. If we choose to, <u>we</u> can challenge oppression and injustice. <u>We</u> can lead and inspire others. <u>We can make difference.</u>

I will end my speech with a quote by Malala herself:

Let us make our future now, and let us make our dreams tomorrow's reality.



Let us make our future now, and let us make our dreams tomorrow's reality.

— Malala Yousafzai —

AZQUOTES



Communicable Diseases Factsheet

# Mumps

Mumps is a contagious viral infection that occurs mainly in school-aged children. Immunisation with a mumps containing vaccine prevents the disease. People with mumps should stay away from others for nine days after the onset of swelling of the salivary glands.

#### Last updated: 19 August 2013

#### What is mumps?

Mumps is an infectious disease caused by the mumps virus. In the past, mumps infection was very common in childhood. Due to immunisation, it has become uncommon in Australia.

#### What are the symptoms?

- Common symptoms of mumps are fever, loss of appetite, tiredness and headaches followed by swelling and tenderness of the salivary glands. One or both of the parotid salivary glands (which are located within the cheeks, near the jaw line, below the ears) are most frequently affected.
- About one third of infected people do not show any symptoms at all.
- Mumps is usually a more severe illness in people infected after puberty.
- Complications from the mumps are uncommon and can include inflammation of the brain (encephalitis), the lining of the brain and spinal cord (meningitis), the testicles (orchitis), the ovaries (oophoritis), breasts (mastitis), spontaneous abortion and hearing loss. Sterility (inability to have children) in males is extremely rare.

#### How is it spread?

- Mumps is spread when a person breathes in the mumps virus that has been coughed or sneezed into the air by an infectious person. The mumps virus can also spread from person to person via direct contact with infected saliva.
- People with mumps can be infectious up to seven days before and nine days after swelling of the salivary glands begins. Maximum infectiousness occurs between 2 days before to 4 days after the onset of symptoms.
- The time from being exposed to the virus and becoming sick can range from 12 to 25 days but is most commonly 16 to 18 days.

#### Who is at risk?

Anyone who comes into contact with infectious mumps can get mumps, unless they have been infected in the past or have been immunised.

How is it prevented?

- People with mumps should stay at home for nine days after the onset of swelling of the salivary glands to help stop spreading the virus to others.
- MMR vaccine protects against mumps, measles and rubella, while MMRV protects against these and varicella, and both are part of the standard vaccination schedule. MMR vaccine should be given to children at age 12 months and MMRV at 18 months of age.

• People born after 1965 should ensure they have received two doses of mumps containing vaccine.

#### How is it diagnosed?

The doctor will usually diagnose mumps based on the person's symptoms and signs alone. A blood test or sample from the throat, urine or spinal cord fluid can confirm the diagnosis.

#### How is it treated?

There is no specific treatment for mumps. Simple analgesics like paracetamol may reduce pain and fever. Warm or cold packs to the swollen glands may provide relief.

#### What is the public health response?

- Laboratories, school principals and directors of childcare centres must report all cases of mumps to their local public health unit. These reports provide statistics to help understand trends in the incidence of mumps in the community.
- People with mumps should stay away from childcare, school and work for nine days after the onset of the swelling of the salivary glands.

For further information please call your local Public Health Unit on 1300 066 055 or visit the New South Wales Health website <u>www.health.nsw.gov.au</u>